

Student Worksheet - Past Continuous

Context: Captured moment in the past

Form: I was verb+ing / You were verb+ing / He was verb+ing

Example 1:

She was sitting

Example 2:

They were running

Example 3:

He was smiling

Example 4:

Question: What were you doing at 9 am earlier?

Answer: I was taking a taxi to take my siblings to school

Forms:

I was taking a taxi = positive form

I wasn't taking a taxi = negative form

Were you taking a taxi? = question form

Past Continuous used with Past Simple:

(to describe past events/stories)

Example 1:

I was taking a taxi to school when my phone suddenly rang

Example 2:

I was doing my work when ... the door opened

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Form: I was verb+ing / You were verb+ing / He was verb+ing

Exercise:

Using the Grammar Map, create your own personal examples with the Past Continuous:

Context: Captured moment in the past

What were you doing 2 hours ago?

Your personal example:
(Positive form)

Your personal example:
(Negative form)

Your personal example:
(Question form)

Past Continuous with Past Simple

Complete the following sentences with the appropriate tense

1. I (leave) the house when I
(remember) that the TV was on.

2. I (not work) in the office at lunchtime yesterday
so I (not able to) talk to the boss.